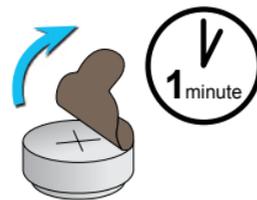


Quick Start Guide

CORE Hearing Aids • Series L

1. Insert Battery

Remove tab and **wait one (1) FULL minute** to activate battery.



Use nail grip to open battery door and insert battery with the positive (+) side facing up.

Close battery door to turn the CORE on.



2. Connect to the App



For iOS, go to the App Store®.



For Android™, go to Google Play.

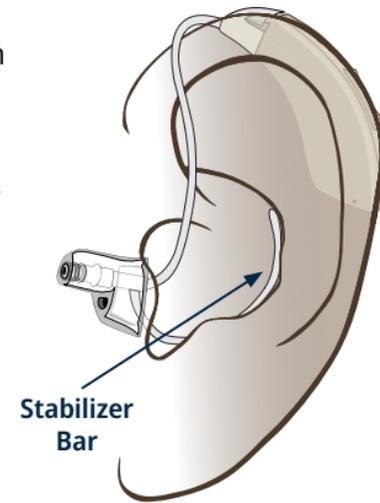
Search for "MDHearing" and install the app. Open and follow the instructions to connect the CORE to your smartphone or tablet (Bluetooth is required).

Please note: The CORE may be used without the MDHearing app, but it is required for personalizing your hearing aids. See the app manual for personalization instructions.

App Store is a service mark of Apple Inc., registered in the U.S. and other countries. Android, Google Play and the Google Play logo are trademarks of Google Inc.

3. Personalize

Insert the ComfortTIP™ with gentle pressure into your ear canal and place the CORE body behind your ear. Tuck the stabilizer bar into the outer bowl of your ear.



Find a quiet place and follow the instructions in the app to personalize your CORE.

4. Volume/Program

Use the app to adjust the volume and program settings, or use the push-button on the hearing aid.

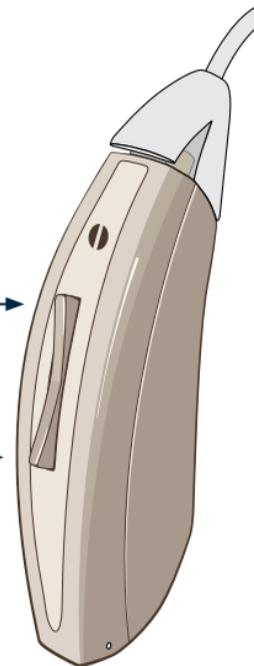
- **Volume:** Press and quickly release.
- **Program:** Press and hold.



For more information, refer to the user manual and the app manual included in your MDHearing box.

Raises
volume and
program

Lowers
volume and
program



— READ ME FIRST

The Road to Better Hearing

Unlike eyeglasses, where everything comes into focus once you put them on, hearing is a more nuanced process. You will be hearing many new sounds, and it can take your brain time to adjust. After a few weeks, you'll be amazed by what you've been missing.

If you have any questions, our licensed audiologists and hearing specialists are here for you.

800-918-3914

support@MDHearingAid.com

Week 1

When you first start wearing hearing aids, some sounds may seem too loud—such as the refrigerator humming, paper crinkling, your footsteps, or your own voice. This is normal. Your brain is relearning how to prioritize sounds it hasn't heard in a while.

The more you wear your hearing aids, the faster your brain will adapt to them.

Don't give up!

Patience

Try to wear your hearing aids as much as possible. It's okay to take breaks if needed.

Practice

Listen to songs you know by heart or watch a TV game show and guess the answers without reading them off the screen.

Week 2

Hearing these new frequencies that you haven't heard in a long time can be exhilarating and a little tiring. As you wear your hearing aids more, conversations will become easier. You may even have to ask people to stop yelling at you.

Week 3

After a few weeks, listening closely won't require so much effort, leaving you feeling more energized and communicative. Voices will be clear and you'll be able to enjoy the sounds of life around you again, such as birds singing in the backyard, children laughing, and leaves rustling in the wind.

Participate

Enjoy restaurants with friends, movies at the theater, and family parties—without guessing to fill in missed words.